SHINE WITH MEYA

Brave Words Cards



Cut out the cards. Put one in a lunchbox, on the fridge or under a pillow.

★ I can try new things.	★ I am brave, even when I'm scared.	★ My light shines bright.
★ I am kind to others.	★ I can take a brave breath.	★ Mistakes help me learn.
★ I am loved.	★ My voice matters.	★ I can ask for help.
★ I am a good friend.	★ I don't give up.	★ God made me special.

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